Efficacy of Hydroxytyrosol as Chemopreventive Agent on Induced Hamster Buccal Pouch Carcinogenesis

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ABSTRACT

Aim: It was to investigate the efficacy of hydroxytyrosol (HT) as chemopreventive agent on induced hamster buccal pouch (HBP) carcinogenesis. Subjects and Methods: Forty Syrian male hamsters five weeks old, weighing 80-120g, were divided into three groups. GI: 10 animals were left untreated. GII: 10 animals were painted with 0.5% 7, 12- dimethylbenz(a)anthracene (DMBA) in paraffin oil, 3 times a week, for 8 weeks (GIIA) and 14 weeks (GIIB). GIII: chemoprevention group, 20 animals in which HT was taken at week before as well as during the application of DMBA, 3 times a week on alternative days, for 8 weeks (GIIIA) and 14 weeks (GIIIB). HPB mucosa were excised and trimmed to 1-2 cm average size, then processed for hematoxylin and eosin (H&E) stain and Immunohistochemical (IHC) staining utilizing Bcl-2 and Bak antibodies. Results: Gross observation revealed variable changes in the treated (G(s)), (GII and GIII) compared to that observed in GI. Histopathological findings revealed variations among the treated groups. IHC results regarding Bcl-2 expression revealed variability in the area percentage through-out the used groups. GI, GIIA, GIIB, GIIIA and GIIIB were (6.77%, 31.58%, 68.37%, 16.07%, 48.81%) respectively, while IHC results regarding Bak expression revealed variability in the area percentage through-out the used groups. GI, GIIA, GIIB, GIIIA and GIIIB were (45.32%, 28.58%, 10.38%, 19.32%, 38.72%) respectively. Conclusion: HT is considered as a promising chemopreventive agent in decrease the incidence of HBP carcinogenesis in gross observation as well as in histological examination.

INTRODUCTION

Oral epithelial dysplasia (OED) is a potentially malignant lesion, whose combination of cytological alterations and abnormal tissue architecture comprise the histopathological criteria for its diagnosis. This lesion demonstrates greater potential for undergoing malignant alteration to squamous cell carcinoma (SCC), when compared with normal epithelial tissue(1). The incidence of oral squamous cell carcinomas (OSCCs) varies in different parts of the world and this difference is largely attributed to the exposure to risk factors specific to the area(2).
It has been found that, oral carcinogenesis induced by 7,12- dimethylbenz(a)anthracene (DMBA) in golden Syrian hamsters is an accepted and well recognized experimental model for studying biochemical, histopathological, immunohistochemical (IHC) and molecular alteration\(^3\). Extensive studies highlighted the chemopreventive effects of a diverse natural products\(^4,5\). Though several mechanisms were pointed out for the chemopreventive potential of natural products, the pro-apoptotic properties were documented as a major mechanism\(^6\). It has been found that apoptosis, programmed cell death plays a crucial role in the removal of unwanted and damaged cells from the body; B cell lymphoma-2 (Bcl-2) and BCL-2-antagonist/killer (Bak) have crucial role in the process of apoptosis. Deregulations in the expression of these markers are associated with abnormal proliferation\(^7\). Polyphenols are a wide family of compounds found in fruits and vegetables, wine, tea, cocoa, and extra-virgin olive oil, which exhibit strong antioxidant activity by scavenging different families of reactive oxygen species (ROS). One of the most effective members of the polyphenol family in terms of free radical scavenging is hydroxytyrosol (HT)\(^8\). HT can be found in leaves and fruits of olive, extra virgin olive oil and it is specially abundant in olive oil mill waste waters from where it can be recovered\(^9\). Numerous studies, mostly in vitro assays and using animal models, have shown the potential role of HT for preventing additional diseases, which include protection against metabolic diseases and anti-carcinogenic activity\(^10,11\). In this regard, the present study was carried out to investigate the efficacy of HT as chemopreventive agent on induced HBP carcinogenesis.

**MATERIAL AND METHODS**

The experimental animals used in the current study were golden Syrian hamsters. They were used as model for OSCC induction utilizing DMBA as chemical carcinogen. In addition, HT was taken by oral administration one week before, as well as, during the application of DMBA, 3 times a week on alternative days for 8 and 14 weeks. After termination of experiment, an investigation using hematoxylin and eosin (H&E) stain and IHC staining utilizing antibodies against Bcl-2 and Bak were done.

**Animals:** Forty Syrian male hamsters five weeks old, weighing 80-120g were obtained from the animal house, Cairo University (Cairo, Egypt). The experimental animals were housed in standard cages with sawdust bedding under controlled environmental conditions of humidity (30-40%), temperature (20 ± 2°C), and light (12-h light/12-h dark). All experimental animals were supplied with standard diet and water ad libitum.

**Material used:** DMBA (0.5%) was obtained from Sigma-Aldrich Company, dissolved in paraffin oil. HT was obtained from Sigma-Aldrich Company, dissolved in distilled water, oral administration of HT (0.5 mg / kg) week before and during carcinoma induction was done, 3 times a week on alternative days for 8 & 14 weeks.

**Experimental design:** The experimental animals were divided into three groups (\(G_i\)). GI (negative control): 10 hamsters, fed with standard diet, without receiving any kind of treatment and served as negative controls. GII: (DMBA treated group): 10 hamsters, the rights HPB were painted with 0.5% DMBA (Sigma Aldrich) in paraffin oil using a number 4 camel hair brush three times a week. Then, the animals were randomly divided into the following 2 subgroups, GIIA: (5 hamsters) served as positive controls for 8 weeks. GIIB: (5 hamsters) served as positive controls for 14 weeks. GIII (Chemoprevention group): 20 animals, HT was taken at week before, as well as, during the application of DMBA, 3 times a week on alternative days for 8 & 14 weeks. All experimental animals were euthanized at the end of experiment. Then, hamster’s head were separated and fixed in 10% buffered neutral formalin solution for 24h after putting a piece of...
wood with suitable size, between hamster’s teeth to prevent a wrinkling or sloughing of the hamster’s mucosa during manipulation and preparation. Using a bard-parker scalpel, No 15, small surgical scissors and tweezers, the specimens were excised from right HBP mucosa and trimmed to 1-2 cm average size. Tissue specimens were excised, then processed for H&E and IHC staining.

For histological examination, the fixed specimens were dehydrated in an ascending ethanol series, embedded in paraffin wax to form paraffin blocks. Tissue sections of 4µm thickness on rotary microtome were cut, mounted on slides, processed, and stained with H&E for light microscopic examination.

For IHC examination, other tissue sections were cut for the application of standard labeled streptavidin-biotin method to demonstrate the expression of Bcl-2 and Bak antibodies. Paraffin embedded tissue sections were dewaxed and rehydrated through graded ethanol to distilled water. Endogenous peroxidase was blocked by incubation with 3% H₂O₂ in methanol for 10 min. The antigen retrieval was achieved by adding citrate buffer solution (pH 6.0) and put in microwave for 3 intervals, 5 minutes each at 95°C, followed by washing with phosphate buffered saline (PBS). The tissue sections were then received one or two drops of the primary antibodies (Bak & Bcl-2) in a dilution of 1:100 in Tris buffer solution and incubated in a humid chamber at room temperature overnight at 4°C. After washing with PBS, Biotinylated secondary antibody was added and incubated for 30 min at room temperature. After rinsing with PBS, tissue sections were received diaminobenzidine (Sigma, USA) was applied for 2-4 minutes to develop color. When acceptable color intensity was reached, the slides were washed, counter stained with haematoxylin and covered with a mounting medium. The immunostained sections were examined using light microscope to assess the prevalence of positive cases and the localization of immunostaining within the tissues. In addition, image analysis computer system was used to assess area percentage of positive cells of the immunostaining. This was done in the Oral and Dental Pathology Department - Faculty of Dental Medicine - Boys- Cairo - Al-Azhar University.

RESULTS

The gross observation results of HBP mucosa of GI were pink in color with smooth surface with no observable abnormalities (Fig.1A). In GIIA, HBP mucosa showed variable changes included grayish white mucosal surface (Fig.1B) and multiple small elevated nodules surrounded with ulcerative and hemorrhagic areas (Fig.1C). In GIIB, HBP mucosa showed multiple erythematous exophytic nodules of variable sizes (Fig.1D) surrounded with area of ulceration and hemorrhage (Fig.1E) some animals appeared debilitated. In GIIIA, HBP mucosa showed variable changes included demarked grayish white patch (Fig.1F) and small exophytic nodule of normal color (Fig.1G) the animals appeared healthy. In GIIB, HBP mucosa showed variable changes included erythematous areas with multiple exophytic nodules surrounded with ulceration and hemorrhage (Fig.1H) and exophytic masses of variable sizes. (Fig.1I).

Histopathological and IHC results: The tissue sections of HBP mucosa of experimental (G(s)) showed variable results in regard to the histopathological and immunohistochemical results. In GI, histological sections, using H&E stain, revealed normal HBP mucosa, composed of thin stratified squamous epithelium, consists of two to four layers of squamous cells exhibiting slight keratinization (i.e.; one layer of basal cells and one to three layers of spinous and thin keratinized cells with lacking rete ridges. Sub epithelial connective tissue, muscular layer and areolar layer were seen (Fig.2A). The IHC staining using Bcl-2 antibody showed positive cytoplasmic expression in basal and suprabasal cell layers except the most superficial layer (keratin) (6.77%), (Fig.2B) while Bak expression showed positive cytoplasmic expression in all layers of epithelium except the most superficial layer (keratin) (45.32%) (Fig.2C). In GIIA, histological sections,
using H&E stain, HBP mucosa of 2 animals exhibited moderate epithelial dysplasia and 3 animals exhibited sever epithelial dysplasia. Dysplastic epithelium showing basilar hyperplasia, hyperchromatism cellular and nuclear pleomorphism with drop shaped rete pigs (Fig.2D). IHC staining using Bcl-2 showed positive cytoplasmic expression in all layers of epithelium except the most superfacial layer (keratin) (31.58\%) (Fig.2E) while the Bak expression showed positive cytoplasmic expression in all layers of the epithelium except the most superfacial layer (keratin) (28.58\%) (Fig.2F). In GIIB, histological sections, using H&E stain, all samples exhibited various appearance of SCC (well differentiated as well as moderately differentiated SCC). Dysplastic features in multiple areas and provide evidence of prominent true invasion with formation of epithelial nests and keratin pearls (Fig.2G). The IHC staining using Bcl-2 showed positive cytoplasmic expression throughout the epithelial layers of the invaded nests and pearls (68.37\%) (Fig.2H) while the Bak expression showed positive cytoplasmic expression throughout the epithelial nests (10.38\%) (Fig.2I). In GIIIA, histological sections, using H&E stain, HBP mucosa of 3 animals exhibited normal structure, 6 animals exhibited hyperkeratosis and hyperplasia, and one animal exhibited mild epithelial dysplasia (Fig.2J). The IHC staining using Bcl-2 showed positive cytoplasmic expression throughout the epithelial layers except the most superfacial layer (keratin) (16.07\%) (Fig.2K) while the Bak expression showed positive cytoplasmic expression throughout the epithelial layers except the most superfacial layer (keratin) (19.32\%)
Fig. 2 (A): H&E stain of GI showing keratinized stratified squamous epithelium with flattened rete ridges, sub-epithelial connective tissue layer and muscular layer (arrows). Fig. 2(B): IHC expression of Bcl-2 showing positive cytoplasmic expression mostly in basal and suprabasal epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(C): IHC expression of Bak showing positive cytoplasmic expression throughout the epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(D): H&E stain of GIIA of HBP mucosa showing severe epithelial dysplasia including pleomorphism, hyperchromatism and abnormal mitosis (arrows). Fig. 2(E): IHC expression of Bcl-2 showing positive cytoplasmic expression throughout entire epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(F): IHC expression of Bak showing positive cytoplasmic expression throughout epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(G): H&E stain of GIIIB of HBP mucosa showing well differentiated SCC, epithelial nest, and keratin pearls present in the underlying C.T. (arrows). Fig. 2(H): IHC expression of Bcl-2 showing positive cytoplasmic expression throughout the epithelial nests (arrows). Fig. 2(I): IHC expression of Bak showing positive cytoplasmic expression throughout the epithelial nests (arrows). Fig. 2(J): H&E stain of GIIIA of HBP mucosa showing moderate epithelial dysplasia including hyperplasia, hyperchromatism and abnormal mitosis (arrows). Fig. 2(K): IHC expression of Bcl-2 showing positive cytoplasmic expression throughout the epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(L): IHC expression of Bak showing positive cytoplasmic expression throughout the epithelial layers except the most superfacial layer (keratin) (arrow). Fig. 2(M): H&E stain of GIIIB of HBP mucosa showing well differentiated SCC with hyperkeratosis, keratin pearls, and epithelial nest (arrows). Fig. 2(N): IHC expression of Bcl-2 showing positive cytoplasmic expression throughout the epithelial nests (arrow). Fig. 2(O): IHC expression of Bak showing positive cytoplasmic expression throughout the epithelial nests (arrow).
In GIIIB, histological sections using H&E stain, HBP mucosa of 2 animals exhibited moderate epithelial dysplasia, while 4 animals exhibited severe epithelial dysplasia and 4 animals exhibited well differentiated SCC (Fig.2M). The IHC staining using Bcl-2 showed positive cytoplasmic expression throughout the epithelial nests (48.81%) (Fig.2N) while the Bak expression showed positive cytoplasmic expression throughout the epithelial nests (38.72) (Fig.2O).

Statistical analysis results of Bcl-2 and Bak expression were obtained by comparing the area % of Bcl-2 and Bak expression in the (Gn) used. Bcl-2 and Bak expressions at 8 weeks: Bcl-2 expression revealed high significant difference between GI and GIIA and also between GI and GIIIA where p value was <0.001 (Chart.1.A). Bcl-2 expressions revealed high significant difference between GIIA and GIIIA where p value was <0.001. Bak expression, revealed high significant difference between GIIA and GIIIA where p value was <0.001 (Chart.1.B). Bcl-2 and Bak expression at 14 weeks: Bcl-2 expression revealed high significant difference between GI and GIIB and also between GI and GIIIB where p value was <0.001 in both of them. Bak expression, revealed high significant difference between GI and GIIB where p value was <0.001. Also there was, significant difference between GI and GIIIB where p value was 0.014 (Chart.2.A). Bcl-2 expressions revealed high significant difference between GIIB and GIIIB where p value was <0.001. Bak expression, revealed high significant difference between GIIB and GIIIB where p value was <0.001 (Chart.2.B).
DISCUSSION

Globally, therapeutic approaches to cancer include chemotherapy, radiation therapy and surgery which are frequently associated with severe side effects\(^{(12)}\). Furthermore, treatment strategies for OSCC are diverse due to the unpredictable behavior of the cancer, local invasion, frequent regional lymph node metastases and a relative resistance to chemotherapeutic drugs leading to an unpredictable prognosis. Moreover, traditional treatment for oral precancerous is total surgical excision that always leads to scar formation for a large precancerous lesion. The consensus is that the reversal of precancerous lesions or protection from malignant transformation would have a great impact on the prevention and treatment of OSCC\(^{(13)}\). Extensive studies highlighted the chemopreventive effects of diverse natural products\(^{(14,15)}\). The present study, on gross observation, revealed the positive effect of HT as chemopreventive agent on DMBA induced HBP carcinogenesis. Moreover, the results of H&E stain and IHC staining utilizing Bcl-2 and Bak antibodies revealed variable observations. The HBP oral carcinogenesis model in the current study was used because it is the best known animal system that closely correlates with sequential common events involved in the development of human oral premalignant and malignant lesion\(^{(16)}\).

In the current study, the duration of DMBA application was carefully planned according to the previous literatures, at 8 weeks for the animals of GII A in order to achieve development of intact epithelial dysplasia, but not invasive SCC, and at 14 weeks for the animals of GII B in order to achieve development of invasive OSCC\(^{(16,17)}\). In the present study, the chemopreventive agent has been administered one week before and during carcinogen administration following the protocol of previous studies\(^{(18,19)}\).

In the present study, the gross observation findings in GI (negative control) those having received no treatment but used to record, if any, the changes related to the time of experimental periods, showed no observable gross changes, HBP appeared normal, with smooth surface. After being euthanized, the buccal pouches length was about 5cm for all hamsters with normal histological structures. These results are in agreement with those of other studies\(^{(20,21)}\). These findings reflected on H&E stain that showed keratinized stratified squamous epithelium, subepithelial C.T formed of small amount of sporadic fibrocytes and blood vessels which present between the epithelium and the muscular layer. These results are in consistence with that reported by Baskaran et al (2017)\(^{(22)}\). IHC staining of GI showed positive cytoplasmic expression of Bcl-2 cytoplasmic expression (6.77 %) that was seen to be restricted to the basal and supra-basal layers and negative in the remaining epithelial cell layers. This result is in agreement with that of other investigators\(^{(23,24)}\). This observation might be attributed to that up regulation of Bcl-2 in basal and supra-basal cells serves to maintain the keratinocyte stem cells from apoptosis\(^{(25)}\). Furthermore these results agree with the suggestion of Kummoona et al (2008)\(^{(26)}\), that Bcl-2 plays a role in the control of terminal differentiation of keratinocytes through the protection of basal cells of the proliferative compartment against apoptosis, thus guaranteeing structural epithelial integrity. Negative Bcl-2 expression in the remaining epithelial layers is concomitant with terminal cell differentiation (keratinization)\(^{(27)}\). In contrast, staining with Bak expression was positive cytoplasmic (45.32%) and seen in all layers of the epithelium. These results are in agreement with those of other investigators\(^{(12,28)}\). These results could be attributed to that Bak a proapoptotic protein, is present in viable cells to increase the susceptibility of apoptosis of unwanted cells and induce apoptosis in reaction to genotoxic stress so protects the cells from neoplastic transformation\(^{(29)}\). Under normal conditions, p53 stimulates the up-regulation of Bak and down regulation of Bcl-2 to remove the unwanted cells from the host\(^{(28)}\).

In the present study, the gross observation findings of GIIA (DMBA treated group at 8 weeks)
showed variable changes, these included whitish and erythematous areas with multiple small elevated nodules surrounded with ulcerative and hemorrhagic areas in HBP mucosa. These results are almost similar with those shown by other investigators\(^{30,31}\). These observations were reflected by histopathological results: a moderate to severe epithelial dysplasia were seen. The changes in histopathological status of this group and their timing were similar to other studies\(^{30,31}\). These observations could be attributed to the effects of DMBA as carcinogen which include formation of DNA adducts, induction of chronic inflammation, overproduction of ROS and oxidative DNA damage, there by leading to neoplastic transformation\(^{32}\). IHC staining of HBP mucosa GIIA with Bcl-2 antibody showed highly significantly increasing expression compared to normal group, there was highly significant difference between GI and GIIA where p value was <0.001. There was high significant difference between GI and GIIA where p value was <0.001 while with Bak antibody a high significant difference was compared to normal group (GI). These results are in agreement with other studies\(^{33,34}\). Bcl-2 protein, the gene product of Bcl-2 proto-oncogene, is an anti-apoptotic protein which extends the survival of genetically damaged cells as well as facilitates neoplastic transformation. Contrarily, Bak induces apoptosis in reaction to genotoxic stress and thus protects the cells from neoplastic transformation. Therefore, the significant of overexpression of Bcl-2 and down-regulation of Bak protein suggests that buccal tissues from hamsters painted with DMBA escaped from the apoptotic cascade\(^{14}\).

In the present study, the gross observation of the right HBP mucosa of GIIIB (DMBA treated group at 14 weeks) showed multiple exophytic masses of variable size surrounded with area of ulceration and hemorrhage. Furthermore, some animals are debilitated. These results are almost similar with those shown by other investigators used the same protocol\(^{14,35}\). Histopathological results of GIIIB showed that animals exhibit well differentiated OSCC with evidence of keratin formation. Tumor cells consisting of pleomorphic, hyperchromatic nuclei exhibited altered nuclear/cytoplasmic ratio. Papillary projections of parakeratinised squamous epithelium into the connective tissue were also seen. These observations are in consistence with those of other studies\(^{16,36}\). In the present study, the Bcl-2 immune staining results revealed extensive positive cytoplasmic expression (68.37%) throughout the epithelial layers except the most superficial layer (keratin) and there was highly significant difference between GI and GIIB where p value was <0.001. These results are in agreement with those of other studies\(^{12,14,15,35}\). Literature data regarding the expression of Bcl-2 during the progression of OSCC are controversial. Some investigators reported only weak or no expression of this protein\(^{37,38}\). The Bak immune staining results revealed positive cytoplasmic expression (10.38%) throughout the epithelial layers except the most superficial layer (keratin) and there was significant difference between GI and GIIB where p value was 0.014. These results are in agreement with those of other studies\(^{12,14,15,39}\). The increased level of Bcl-2 expression indicated that, inhibition of apoptosis by prevention the release of cytochrome C from mitochondria and promotion of carcinogenesis, While the decreased expression of Bak could be due to reduced apoptotic cell death as well as accelerated their growth\(^{32,40}\).

The results of the current study demonstrated that oral administration HT inhibit the cell proliferation of OSCC and induce apoptotic cell death. Gross observation of the right HBP mucosa of GIIIA (chemoprevention group): HT at week before, as well as, during the application of DMBA, 3 times a week on alternative days for 8 weeks showed decrease in distribution and size of the nodules, ulceration and hemorrhagic areas compared to GIIA at the same period. These findings reflected by H&E stain in which 3 animals with normal epithelium, and 6 showed hyperkeratosis and hyperplasia, while one revealed mild epithelial dysplasia. IHC staining utilizing Bcl-2 and Bak antibodies in GIIIA at 8 weeks
also revealed different results in each model of this group. In GIHIA model, Bcl-2 revealed positive cytoplasmic expression except the most superficial layer (keratin) (16.07%) with high significant difference between GIHIA and GIHIA where p value was <0.001 while Bak revealed positive cytoplasmic expression except the most superficial layer (keratin) (19.32%), with high significant difference between GIHIA and GIHIA where p value was <0.001. These results are concomitant with those observed by other investigators (41,35).

The aforementioned results could be attributed to that HT prevents ROS generation in normal and tumor cells, suggesting that it can also prevent oxidative damage in both cell types, thereby preventing both initiation and promotion/progression of tumor genesis. However, antioxidant effects occurring in an installed malignant disease, where the oxidative status is altered should be interpreted carefully (42). Fabini et al (2008) (53) showed that HT prevents oxidative DNA damage in human normal blood mononuclear cells, and suggested that HT may efficiently prevent the initiation step of carcinogenesis in vivo. These results suggest that HT can inhibit ROS production, can prevent oxidative DNA damage in normal and non-transformed cells in vitro, thereby preventing the initiation of a chain of reactions that transforms normal into cancer cells. This hypothesis is supported by an intervention study showed that the supplementation of postmenopausal women with high phenol extra virgin olive oil (EVOO) caused decreased oxidative damage to lymphocyte DNA (44).

In the present study, gross observation of the right HBP mucosa of GIIB (chemoprevention group) HT at week before, as well as, during the application of DMBA, 3 times a week on alternative days for 14 weeks showed variable changes including erythematous mucosal surface with diffuse swelling and/or multiple small exophytic nodules surrounded with ulcerative and hemorrhagic areas. These findings reflected on H&E stain in which, 4 animals exhibited well differentiated SCC, 4 exhibited severe epithelial dysplasia, and 2 exhibited moderate epithelial dysplasia. In GIIB model, Bcl-2 revealed moderate positive cytoplasmic expression (48.81%) and there was highly significant difference between GIIB and GIIB where p value was <0.001 while Bak revealed positive cytoplasmic expression (38.72%). There was high significant difference between GIIB and GIIB where p value was <0.001. These results are concomitant with those observed by other investigators (45,46). EVOO, a unique functional food with a major contribution to the health-promoting effects of the Mediterranean diet that contains a natural inhibitor of HT and DNA methyltransferases (DNMTs) capable of specifically and potently suppressing the functional traits of cancer stem cell (CSC) within heterogeneous cancer cell populations, might open new avenues for introducing innovations in CSC-targeted therapy based on the molecular bridge that connects metabolism and epigenetics with the state of stemness (47-48).

The present study indicated that there was a statistically significant reverse correlation between area percentage of Bcl-2 and that of Bak expression (r= - 0.268) (p-value = 0.025). This means that an increase in one variable is associated in decrease in the other and vice versa. Animals with a high Bcl-2/ Bak expression ratio had a significantly poorer prognosis than those with a low Bcl-2/ Bak ratio. Other chemoprevention studies pointed out impairment in the balance between proliferation and apoptotic activities in the tumor tissues of different cancers including oral cancer (41,49). Jain et al (2013) (50) found that, the ratio of Bcl-2/ Bak expression appeared to be the best variable in predicting disease specific survival in OSCC.

REFERENCES


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**Title:**
Tocim the efficacy of hydroxytyrosol as a chemopreventive agent in hamster buccal pouch carcinogenesis

**Abstract:**
Aims: To evaluate the efficacy of hydroxytyrosol in preventing buccal pouch carcinogenesis in Syrian hamsters.

**Methods:**
Syrian hamsters were divided into three groups of 20. Group 1 was treated with diethylnbenz[a]anthracene (DEB) alone. Group 2 was treated with DEB and a hydroxytyrosol suspension. Group 3 received no treatment. The animals were sacrificed after 14 weeks, and the pouches were removed and processed for histopathological examination.

**Results:**
Group 1 showed extensive oral keratinization, hyperplasia, and dysplasia. Group 2 showed a significant reduction in these changes compared to Group 1. Group 3 showed no changes.

**Conclusions:**
Hydroxytyrosol is effective in preventing buccal pouch carcinogenesis in Syrian hamsters.

**Keywords:**
Hydroxytyrosol, Chemoprevention, Oral Cancer