



Evaluation of Different Enamel Reconditioning Techniques for Effective Orthodontic Bracket Rebonding

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Codex : 09/2021/04

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ABSTRACT

Aim: Aims and objectives of the study were to measure shear bond strength of rebonded orthodontic brackets after using different enamel reconditioning techniques including (Diamond bur, Air abrasion with Aluminum Oxide particles, Ultra Sonic scaler, CO₂ laser).**Subjects and methods :** This in vitro study consists of five groups with ten samples in each group. Each sample was bonded with a metal bracket. After debonding, reconditioning of the tooth surface was performed by the finishing Diamond bur, Air abrasion, Ultra Sonic Scaler and Fractional CO₂ Laser . Rebonding of the reconditioned teeth was again performed. Universal testing machine was used to evaluate the shear bond strength of the orthodontic brackets. Enamel surface topography was evaluated using scanning electron microscope. **Results:** The maximum average score of shear bond strength was in the LASER Group (16.4 Mega Pascal) (MPa) followed by Ultra Sonic Scaler (16.2MPa), The Control Group (14.9MPa), Sand blasting Group (14.6MPa), at last the Diamond Burs group (11.3MPa) . There was a relationship between surface roughness and the bond strength achieved. The method which created a smoother uniform surface achieved the higher shear bond strength. **Conclusions:** Fractional CO₂ Laser, Ultra Sonic scaler and Air abrasion can be used as preferred method of reconditioning the tooth surface after bond failure instead of diamond burs to achieve optimal bond strength of rebonded brackets.

KEYWORDS

Fractional CO₂ Laser ,
Ultra Sonic scaler , Air abrasion,
Orthodontic Bracket Rebonding,
shear bond strength

INTRODUCTION

Clinical efficiency and treatment duration in orthodontics can be compromised by bond failures. Some authors rank accidental bracket failure as one of the most important predictors of fixed appliance treatment duration.¹. According to authors the shear bond strength should exceed the occlusal loading which may reach 1,5 kg/c.m².^{2,3}. Rebonding the orthodontic brackets should provide a bond strength efficient for continued orthodontic treatment to facilitate rebonding the search for a safe and efficient method for rebonding attracted the attention of many researchers, which resulted in the introduction of numerous tools and techniques.⁴ These include the diamond cutting burs⁵, the Ultra Sonic

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scaler^{6,7} and the AL_2O_3 Sandblasting^{8,9}. Studies have recommended different methods for an ideal adhesive removal technique which would minimize iatrogenic damage while returning the enamel to its pretreatment smoothness, and provide optimal bond strength for the orthodontic brackets rebonding.^{10,11}. So this study has been conducted to measure shear bond strength of rebonded orthodontic brackets after using different enamel reconditioning techniques and suggesting the Fractional CO_2 Laser as a new proposed method. Also evaluating the reconditioned enamel surface topography using Scanning Electron Microscope.

MATERIALS AND METHODS

A sample of 50 first premolar teeth extracted for orthodontic purpose was used and selected on the following inclusion criteria, intact enamel, non carious, non restored and no enamel hypoplasia. The teeth collected were stored at room temperature in distilled water (Aqua Bure lab) (PH : 6.50-6.8) for 24 hour. All teeth were mounted on self-cured acrylic resin block in a way that root was embedded into the acrylic just below the cemento-enamel junction level leaving the crown fully exposed.

The buccal surfaces of all teeth were etched with 37% Ortho-Phosphoric acid etching gel (Total etch, Ivoclar, Vivadent, Schaan, Liechtenstein) for 30 Sec, washing for 30 Sec and dryness of the enamel surface. A thin layer of primer (Reliance® Light Bond, Reliance Orthodontic Product, Itasca, IL) was applied on enamel surface. A thin layer of primer was applied over bracket base (Ormco Mini 2000®, Metal, Kerala, India), followed by a thin layer of adhesive (Reliance® Light Bond, Reliance Orthodontic Product, Itasca, IL). The bracket was mounted on the tooth with the help of direct bond bracket tweezers with light pressure, the excess composite was then removed by dental explorer. All the samples were light cured using (LED, Ivoclar Vivadent, Blue phase, Germany) for 30 second.

The samples were randomly divided into five groups of 10 samples each according to different adhesive removal methods which were as follows:

Group One: Control group Initial bonding followed by debonding and rebonding with no surface treatment done. (Figure 1).

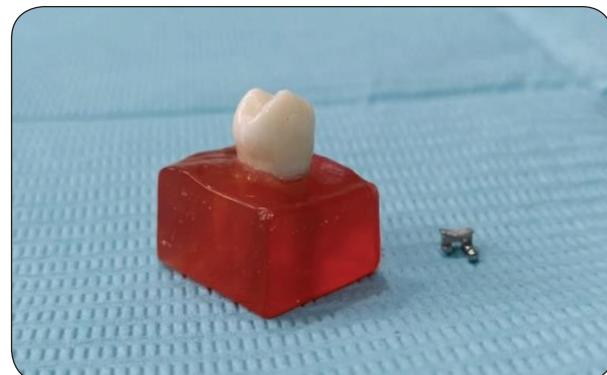


Fig. (1) Control group .

Group 2: Enamel surface reconditioning with diamond cutting bur (TF-11, ISO 173/014, SS White, USA) using High Speed Hand piece (Dentsply, Sirona, T3 Led hand piece, Triple water spray, 2 Holes, North Carolina, USA 35000-40000 rpm) with air cooling and gentle pressure. (Figure 2).

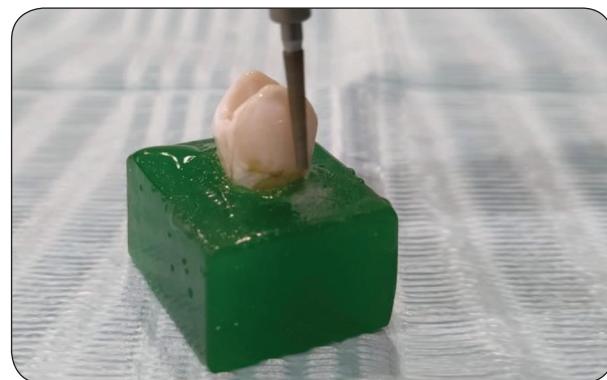


Fig. (2) Diamond cutting burs group.

Group 3: Enamel surface reconditioned using Ultra Sonic Scaler (Woodpecker UDS-A LED, China, G5 tip), under water cooling. (Figure 3)

Group 4: Enamel surface reconditioning with Plastic Airflow Prophy Jet Cavitron (Year-sun, Air pressure 0.3Mpa-0.4Mpa, Guangdong, China), Jhonson Promident, Aluminum Oxide



Powder (50 Micron, White, 2Lb, 505050, Valley Cottage, NY). The teeth surfaces were held 5 mm away from the nozzle of micro etcher. (Figure4).

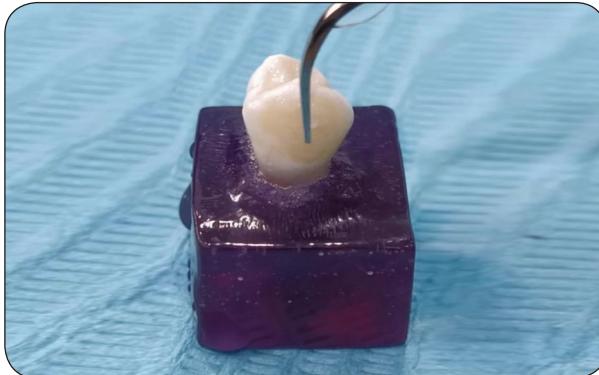


Fig. (3) Ultra sonic scaler treatment.

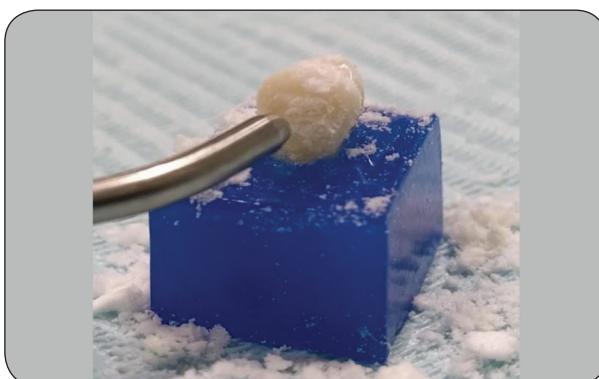


Fig. (4) Al_2O_3 Sandblasting

Group 5: Enamel surface reconditioning using Fractional CO_2 laser Device (ECOXEL, IDS, Fractionl CO_2 laser, Laser power 1-40W, Seoul, Korea). IOS Laser Technologies, was irradiated to the enamel surface with the 5 Hz Frequency, 10.6 μm wavelength, 3 W output power, 0.9 seconds pulse time by an experienced operator with a uniform fractions with a number of 10 pulses totally. (Figure5).

For all the groups, debonding was carried out with the Universal Testing Machine at the crosshead speed of 5 mm/min to register the initial shear bond strength. The remaining composite was then removed using the proposed different technique. Rebonding was again carried out of the reconditioned tooth surface using a new bracket with the same method as stated earlier and then debonding was carried out

with the Universal Testing Machine for measuring the shear bond strength for the rebonded brackets.



Fig. (5) CO_2 Laser treatment

Scanning Electron Microscopy (SEM) Evaluation for Enamel Surface Alteration

One of the experimental group samples was checked for enamel surface alteration before any treatment to the enamel, after enamel etching, after first bracket debonding and after each enamel reconditioning technique with the scanning electron microscope. From each group, tooth with average bond strength was selected for SEM. For the standardization procedure, all the microphotographs were viewed under 35X magnification.

RESULTS

The maximum average score of bond strength was in the LASER Group (16.4MPa) followed by Ultra-Sonic Scaler (16.2MPa), The Control Group(14.9MPa), Sand blasting Group (14.6MPa), at last the Diamond Burs group (11.3MPa). Shear bond strength showed a significant difference in between different groups. (Table 1).

SEM microphotographs revealed that more roughness of enamel surface was seen in the Diamond bur group (Group 2) which represented score (4) according to the modified surface roughness index originally proposed by Howell and Weekes, followed by, The Ultrasonic scaler group (Group3) with score(3) which showed cracks in the surface resulted from the scaler tip vibration

The sand blasting group (Group 4) was given a score (2) for which showed mildly rough surface filled with parts of Alumina dispersed along the tooth surface .The control group (Group1) showed distinctive marks of the bracket base impression un distorted making the surface mildly rough giving it score(2),The Laser group (Group5) showed smooth surface at the areas of laser beams of both composite and enamel giving it score (1). (Table 2, Figure 6).

Table (1) Comparison of the shear bond strength results of all groups ranked from higher to lower.

	Mean	ANOVA P Value
1- Group (5) CO ₂ laser	16.4	<0.001*
2- Group (3) U.S scaler	16.2	
3- Group (1) control	14.9	
4- Group (4) AL ₂ O ₃	14.6	
5- Group (2) cutting burs	11.3	

Table (2): The surface roughness of the samples ranked from high to low score according to Howell and Weeks.

Groups	Score
Group (2) Cutting bur	Score 4
Group (3) Ultrasonic scaler	Score 3
Group (4) AL ₂ O ₃ sandblasting	Score 2
Group (1) Control group	Score 2
Group (5) CO ₂ Laser	Score 1

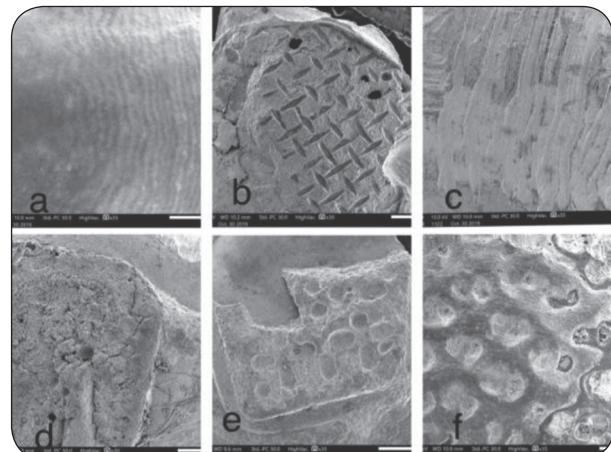


Fig. (6) a) Normal enamel surface. b) Group1, Control group. c) Group2,Cutting bur treatment. d) Group3,Ultra Sonic scaler treatment. e) Group4, Sand blasting treatment. f) Group5,CO₂ laser treatment.

DISCUSSION

Bond failure during orthodontic treatment is relatively unavoidable and unenviable. When rebonding orthodontic brackets, or when recementing loose adhesive restorations, the properties of the underlying layer of previously treated enamel can affect the rebonding strength. The surface of the enamel may contain adhesive remnants even after removing all visible adhesive with a scalar.¹² Hence this study was undertaken to evaluate the shear bond strength of rebonded orthodontic brackets using different composite removal techniques, as it has been reported that reconditioning with phosphoric acid only does not remove the residual adhesive, and the remaining adhesive can decrease the roughness of the enamel surface, therefore diminish the rebonding strength of the orthodontic brackets. Thus a method to remove the surface adhesive layer should be employed.¹³ In this study, the first premolars were taken because of relative ease of procuring the sample following therapeutic extraction, distilled water was used as a storage media because it is an effective storage media for conducting bond strength studies which was supported by Rossouw.P studies .¹⁴



Previous studies compared between two different types of enamel reconditioning techniques like the cutting bur and the ultra sonic scaler which was conducted by Hossien et al. and Ireland et al.¹⁵

In this study we compared between 5 different enamel reconditioning techniques, the acid etch alone, the diamond cutting burs, the ultra sonic scaler, the AL_2O_3 Sand blasting powders and Fractional CO_2 Laser as a proposed new technique .

In this study we used Reliance® orthodontic light bond as the bonding agent in both bonding and rebonding process, the initial shear bond strength recorded a value of (14.9 MPa) which was acceptable for the occlusal forces and was supported by multiple studies previously conducted comparing different types of orthodontic adhesive resins present in the markets now a days .¹⁶ With the debate between whether the initial bonding should have higher shear bond strength or the rebonding should have the higher value of shear bond strength. Some studies have found that rebonding shear bond strength was lower than the initial bond strength, as the initial shear bond strength was (15 MP) and the shear bond strength in rebonding was (11.3 MP).⁷⁴ While other studies have found the rebonding strength was higher than the initial bond strength and the shear bond strength may reach to (16±1MP).¹⁷

In this study the shear bond strength in rebonding varied according to the type of surface reconditioning technique, some were higher than the initial bond strength, the initial SBS recorded a value of (14.9 MPa) while the laser rebonding group recorded a higher SBS value of (16.2MPa), while the AL_2O_3 sand blasting group shear bond strength was (14.6MPa) which supports the results of a previous study conducted by Bulut.¹⁸ This study supports Divya Joshi ¹⁹ study comparing different type of adhesive removing techniques. The SBS in rebonding orthodontic bracket achieved after removal of the residual adhesive with diamond bur was less than the air abrasion group. And using the scanning electron microscope to view the enamel surfaces, the diamond group showed highly roughed

enamel surface than the enamel sand blasted group, that opposes Bayram et al.²⁰ study that concluded the SBS achieved after roughening the surface with diamond bur at a high speed under water cooling could be higher than the sandblasting when super course diamond bur is used. This study results shows higher shear bond strength of the U.S scaler group (16.2MPa) when compared to the initial shear bond strength (14.9 MPa), this supports the results of a study conducted by Alessandri .G ²¹ to compare the SBS of orthodontic bracket after removal of the resin using U.S scaler, the SBS was higher when compared with the initial SBS. The SEM images in this study shows better surface roughness of the Ultra Sonic scaler group than the cutting burs group, that supports Michele Machado ²² study that show the difference in the enamel surface after different conditioning technique, the US scaler tips produced low roughness scores, thereby microscopically showing better surface, while the tungsten drills causing more damage to enamel surface. In this study we used the 50 μm Aluminum Oxide particles as a reconditioning to the surface which created a smooth surface ready for etching promoting the shear bond strength to be (14.6 MPa), These results supports a study conducted previously comparing different particles size (25, 50, 90 μm) Aluminum Oxide particles stated that 50 μm fine Alumina particle causes a smoother surface thereby causing less iatrogenic effect on the enamel and yet

an improvement in the shear bond strength was found.²³ This study supports the study conducted previously claiming that no improvement in bonding strength is obtained with sandblasting before etching.^{24,25} but opposes the in vitro comparative study on sandblasting prior to acid etching vs. acid-etching only revealing improvement in the bond strength.²⁶⁻²⁸ In this study we used Fractional CO_2 Laser instead of conventional CO_2 technology as less damaging to the enamel surface which was supported by previous studies showed that CO_2 Laser energy can cut and burn composite resins to differing degrees and that Fractional CO_2 Laser reduce the side effects with conventional CO_2 and Er:YAG lasers.²⁹ In this study we used 3 W

power which was suggested in a study conducted by Smith L, Walsh and Taverne A.³⁰ using CO₂ Laser with different power setting 2,3,4 Watt for removing residue of orthodontic adhesive bonding resin from teeth, it showed that the 3 W is optimal for resin removal, and produces less enamel damage than other laser parameters. In this study the shear bond strength of the CO₂ group was significantly higher than supports the study conducted previously to determine the CO₂ laser effect on enamel surface alteration and its effect on bond strength . And this was attributed to the nature of the CO₂ laser energy is well absorbed by the enamel causing physical and chemical changes on the enamel surface leading to enhancement in the shear bond strength.³¹ The results in this study supports Oshagh et al.³² results when compared the SBS of orthodontic brackets in bonding and rebonding with teeth using CO₂ laser versus conventional acid etching technique. The authors concluded that the primary preparation with acid had a higher mean SBS (10.3±5.5MPa) compared to that of CO₂ laser alone, SBS was (10±2MPa). Secondary preparation of the enamel using CO₂ laser and acid etch showed the highest mean SBS value than the primary preparation with laser and the SBS was (13±3MPa), the results suggested the use of laser as a reconditioning technique in rebonding of brackets.

In this study, the SBS for all the tested groups appeared to be clinically acceptable, implying that all the used enamel reconditioning techniques can be used for the orthodontic rebonding procedures.

Future studies regarding the Fractional CO₂ laser should be completed to further understanding of its effect on enamel.

Forthcoming studies would benefit to determine the effect of both bonding and rebonding over the enamel surface and each of the enamel reconditioning technique and its effect on long term orthodontic treatment. With the development of the Scanning Electron Microscope technology, more accurate data would be obtained for the enamel surface that could be of a great benefit for future studies of this kind.

CONCLUSION

The Diamond cutting bur group was significantly less in the shear bond strength value and more damaging to the enamel.

The Ultra Sonic Scaler achieved good results regarding to both the shear bond strength testing and enamel damage and it is better to use it instead of the Sandblasting technique.

Fractional CO₂ Laser is advocated to be used as an enamel reconditioning technique as it lead to superior shear bond strength results compared to the other groups and the enamel damage was minor.

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تقييم طرق مختلفة لمعالجة سطح المينا من أجل اعاده لصق عوالق التقويم بطريقة اكثر فعالية (دراسة خارج الجسم الحي)

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الملخص :

الهدف: كانت اهداف الدراسة هو قياس قوه رابط الاقواس لتقويم الاسنان التي تم اعاده لصقها بعد استخدام تقنيات جديده مختلفه لمعالجه سطح المينا منها (القاطع الماسي، الازاله بجوبينات اكسيد الالومنيوم، الموجات فوق صوتيه و ليزر ثاني اكسيد الكربون).

المواد والأساليب : هذه الدراسه خارج الجسم الحي تتكون من خمس مجموعات كل مجموعه ختوى على عشر عناصر. كل عينه تم الصاقها بفص تقويمي معدني وبعد كسر الفص تم اعاده لصق فص جديد بعد معالجه سطح المينا بالطرق المختلفه (القاطع الماسي، الازاله بجوبينات اكسيد الالومنيوم، الموجات فوق صوتيه . ليزر ثاني اكسيد الكربون) . ثم مقدار قوه اللصق تم قياسها باستخدام الاله العالمي لقياس القوه، التغيرات الظاهرية لسطح المينا تم استكشافها باستخدام مجهر المسح الالكتروني.

النتائج: كانت اعلى نتيجه في مقياس القوه خفقت في المجموعه الخامسه وهي مجموعه ليزر ثاني اكسيد الكربون حققت نتيجه (16.4) ميجابسكال، تأتي بعدها مجموعه الموجات فوق صوتيه بنتيجه (16.2) ميجا بسكال، تأتي بعدهم المجموعه الاولى (14.9) ميجا بسكال، ثم مجموعه الازاله بجوبينات اكسيد الالومنيوم بنتيجه (14.6) ميجا بسكال، وفي المرتبه الاخيره تأتي مجموعه القاطع الماسي بنتيجه (11.3) ميجا بسكال. كانت هناك علاقه مباشره بين تعرجات السطح وقوه الالتصاق، الطريقة التي حققت سطح اكثر نعومه كانت اعلي في قوه اللصق.

الخلاصة: كل من المجموعات السابقة يفضل استخدامها في اعاده لصق عوالق التقويم بدلاً من القاطع الماسي وجميعهم حققوا نتائج جيده.

الكلمات المفتاحية: اعاده اللصق، سطح المينا ، اعاده معالجه، رابط الاقواس، تقويم الاسنان.

